



St John

St John Ambulance (Ghana)

FIRST AID TRAINING





St John

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EXECUTIVE SUMMARY

In our society today, issues confronting us are more complex and profound so does issue relating to emergencies, hence the need to adequately equip individuals with the needed skills and know-how to manage emergencies as and when they rear their ugly head. First aid has now become an indispensable tool in running every court proceeding since it provides the needed safe and healthy environment for people to operate and work in knowledge which one acquires through training, seminars and lectures.

Besides, it has been authoritatively established that prompt application of First Aid could just be all that is needed to save a life or limb. Therefore, First Aid is a valuable skill that all of us **MUST** have.

The laws of Ghana (Factories, Offices and Shops Act, ACT 328) also require that in every place of work, be it an Office, Factory, Plantation,

Go-Down, Supermarket, Learning Institution, etc, there shall be at least a first aid box and an additional box for every 150 persons employed and a person with first aid knowledge should be kept in-charge. But the question is; what is the worth of a first aid box without a trained first aider to make good use of it?

In view of these, St. John Ambulance, Ghana, the lead organization in first aid training organize a variety of first aid trainings to a wider range of organization, institutions and individuals to sharpen their skills, knowledge and attitude to face emergencies.

Give us an opportunity to conduct the training and help us achieve our ultimate objective... to save a life.

The cost of training in first aid per person differs with the course type. The fee is inclusive of the tuition, certificate and course manual and materials.

Training can be done on your premises and we can both come to terms concerning time and date.

COMPANY PROFILE

St John Ambulance Ghana is part of the Order of St John which is a major international charitable organisation. Its main focus is to alleviate human suffering through the training and provision of First Aid services, care, disaster management preparedness, ambulance services and, community health and youth development in forty-two (42) countries around the world. St John Ambulance Ghana was established by the British Police in 1937 with a governing council which was established by an act of Parliament: ACT 57 of 1959. It has since existed and working as a health service delivery organisation sub-vented under the Ministry of Health providing mainly first aid training, and provision of services at workplaces, public gatherings and at community level.

LOCATION

The offices of SJAG could be located directly opposite the Cocoa Affairs Courts and adjacent to the Greater Accra Regional Office of the Ministry of Food and Agriculture, on the John Evans Atta Mills High Street, Accra.

CONTACT ADDRESS

All correspondence must be addressed to the Chief Executive Officer through the following addresses:

Location: St. John Ambulance Ghana
28th February Road, Opposite New Court Complex

GPS Address: GA-144-7272

Mail: P. O. Box MB117
Ministries – Accra

E-mail: info@stjohn.org.gh

Website: www.stjohng.org.gh

Telephone: 0303-939258

WhatsApp: +233207761882

Facebook: St. John Ambulance Ghana

Twitter: @sjaghana

OUR VISION

Our vision is to reduce suffering and save lives by becoming the leading national frontline provider of first aid training and care services in Ghana.

OUR MISSION

St John Ghana is a national, non-profit making organisation which assists all people in need by providing community-based health services in first aid training and care, ambulance services, primary health care and youth development.

OUR VALUES

We deliver with respect, unselfishness, excellence, openness and transparency, devotion, togetherness, diversity and inclusiveness and faithfulness as our watch words.

WHY YOU NEED FIRST AIDERS AT HOME AND AT WORKPLACE

- First Aiders can identify potentially serious condition.
- First can treat simple but life-threatening condition.
- First Aiders can prevent mishandling of casualties.

WHY TRAIN WITH ST. JOHN AMBULANCE GHANA

- International recognition
- Updated Manuals
- Highly qualified and experienced Trainers who impart rich knowledge to clients.
- Scenario-based training to ensure easy applicability at workplace.

FIRST AID TRAINING PROGRAMMES

St. John Ambulance Ghana offers a range of First Aid courses which include Basic Emergency First Aid, First Aid at Work, Lifesaver International First Aid, Advanced First Aid, Aviation First Aid, Sports First Aid, Trainer Foundation, First Aid Trainer, among others.

The contents of these programmes are as follows:

BASIC EMERGENCY FIRST AID (LEVEL I)

Target Group: Low Risk

Course Duration: 6 hours

Course Content:

- ✓ Roles and Responsibilities of the First Aider
- ✓ Emergency Scene Management (scene surveys, primary survey – responsive and unresponsive casualty, recovery position, CPR, secondary survey, ongoing casualty care)
- ✓ Severe Bleeding
- ✓ Fainting
- ✓ Sprains and Strains
- ✓ Choking
- ✓ Shock
- ✓ Medical Emergencies (seizures, diabetic emergencies, asthma)

FIRST AID AT WORK (LEVEL II)

Target Group: Medium Risk and a pre-requisite for Advanced

Course Duration: 18 hours

Course Content:

- ✓ What is First Aid;
- ✓ Roles and Responsibilities of First Aider
- ✓ Emergency Scene Management
- ✓ Choking
- ✓ Fainting
- ✓ Eye Injuries
- ✓ Soft Tissue Injuries: Sprain and Strain
- ✓ Diabetic Emergencies
- ✓ Anaphylaxis
- ✓ Shock
- ✓ Angina and Heart Attack
- ✓ Seizures
- ✓ Bites, Stings and Poisoning
- ✓ Burns and Scalds
- ✓ Bleeding
- ✓ Asthma
- ✓ Moving and Handling Casualties: Rescue Carriers
- ✓ CPR
- ✓ Recovery Position
- ✓ Fractures
- ✓ Spine Injury
- ✓ AED

ADVANCED FIRST AID (LEVEL III)

Target Group: High Risk

Course Duration: 30 hours (5 days)

Course Content:

- ✓ Legalities in First Aid
- ✓ Primary Survey/Triage
- ✓ Secondary Survey
- ✓ Ongoing Casualty Care
- ✓ Choking
- ✓ Shock
- ✓ Wounds and Bleeding
- ✓ Abdominal Wound
- ✓ Recovery Position
- ✓ Burns and Scalds
- ✓ Sprains & Scalds
- ✓ Dislocations and Fractures
- ✓ Pelvic Fracture
- ✓ Patella
- ✓ Elbow
- ✓ Facial Fractures
- ✓ Head Injuries
- ✓ Concussion
- ✓ Compression
- ✓ Skull Fracture
- ✓ Spine Injuries
- ✓ Eye Injuries
- ✓ Poisoning
- ✓ Bites and Stings
- ✓ Angina
- ✓ Heart Attack
- ✓ Heat Stroke
- ✓ Heat Exhaustion
- ✓ Hypothermia
- ✓ Seizures
- ✓ Stroke
- ✓ Asthma
- ✓ Diabetic Emergencies
- ✓ Anaphylaxis
- ✓ Rescue Carriage

TRAINING METHODS

Training methods we employ in our trainings include:

- Theory
- Question & Answer
- Discussion
- Hands-on Practice
- Simulation
- Evaluation: Practical Skill & Writing Test

Learning Visual Aid

To support the participants in the training process, we use learning visual aids as follows:

- Overhead Projector
- LCD Projector
- Slide Presentations
- Computer
- White Board

Visual Aid Training

Visual aid training will be provided from us, such as:

- Mannequin
- Mask
- Triangular Bandage
- Elastic Bandage
- Splints
- Stretcher

CERTIFICATION

St John shall award trainees with the internationally recognized certificates, after they have completely undergone the entire course, and passed an assessment.

TRAINING VENUE

The training could be done on your premisses or in our training room; we can both come to terms concerning time and day convenient for you.

TRANSPORT, FEEDING & ACCOMMODATION

The cost of transport, feeding and accommodation shall be borne by the client for all training outside Accra.

FIRST AID BOXES

We provide stocked First Aid Boxes, needed to treat emergency case

Car Kits

- mandatory for vehicles

Standard First Aid Box

- mandatory for offices and shops

Industrial First Aid Box

- mandatory for schools, factories, companies

TRACK RECORD

St. John Ambulance Ghana has internationally-certified Trainers who passionately and professionally use the best state of the art technology to offer comprehensive training to clients. Materials such as Mannequins (for practical demonstration) and Videos, as well as PowerPoint presentations are used to teach clients with the view to enhancing better understanding.

SJAG has organized training programmes in various levels in First Aid to a number of institutions. A few of them are listed below:

- ✓ African World Airline
- ✓ AngloGold Ashanti (Obuasi and Iduapriem)
- ✓ Antrak Air
- ✓ Bank of Ghana
- ✓ Citylink Ghana Ltd
- ✓ Fly 540
- ✓ Forge Ghana Ltd
- ✓ Ghana Manganese
- ✓ Ghana Police Service
- ✓ Gian Air
- ✓ Golden Star Ltd Bogoso and Akyempim)
- ✓ Goldfields Ghana Ltd
- ✓ Guinness Ghana Ltd
- ✓ Jodi Construction Ltd
- ✓ Keegan Resources Ghana Ltd
- ✓ Nestle Ghana Ltd
- ✓ Noble Gold (Bibiani) Ltd
- ✓ Perseus Mines Ghana Ltd
- ✓ PW Construction Ltd
- ✓ Standard Chartered Bank Ltd
- ✓ Starbow
- ✓ Shoprite
- ✓ Ribade Company Ltd, Ghana
- ✓ Kama Industries
- ✓ Micheletti
- ✓ Puma Energy
- ✓ Volta River Authority
- ✓ GHACEM
- ✓ Contracta Costruzioni Italia Ghana
- ✓ Cardinal Resources